

## GENERAL INFORMATION

### EVERYONE IS WELCOME AT OUR HEALTH CENTERS!

- We accept many public and private health insurance programs and plans including Aetna, Blue Cross, Care 1st, CDP, Champus, CHDP, CHDP-TR, CHG, CMS, Family PACT, LIHP, Medi-Cal, Medicare, Molina, Ryan White and Tri-Care.
- Many patients qualify for programs that cover the cost of their care. If you are uninsured and don't qualify for a program, your cost is discounted based on your income and family size.
- Please call your clinic directly to make an appointment.
- We appreciate 24 hours advance notice if you need to cancel an appointment.
- Evening, weekend and same day appointments are offered at many locations.
- Walk-in visits are also welcomed. Your wait time may depend on the urgent needs of other patients.
- We encourage all patients to see the same healthcare provider for each and every visit. Our staff can help you choose a Primary Care Provider (PCP) that best meets your needs. Making appointments for your care at the clinic or via phone will help ensure that you are always seen by the same provider.
- Please bring the original containers of your current medications, including vitamins, inhalants and dietary supplements, to every visit.
- Please bring your insurance card (if you have one) and your child's immunization card (for pediatric visits) to every visit.
- If you have a medical emergency, call 911. If you have an urgent medical issue, problem or question, please call your clinic directly. If the clinic is closed, please call the on-call physician for after-hours assistance at 619-692-2414.
- Patients are invited to call or meet with the Clinic Director to ask questions or express concerns. Please ask to speak to the Clinic Director if you are in the clinic or call for an appointment.



For employment opportunities, please visit our website at [www.fhcsc.org](http://www.fhcsc.org).

## SERVICES

### ADOLESCENT MEDICINE

Full Service Teen Clinic, Peer Health Education, Teen Pregnancy Prevention Programs

### ADULT MEDICINE

Sick Visits, Physicals, Immunizations, Chronic Disease Management

### CHILD DEVELOPMENT SERVICES

Healthy Development Screenings, Assessments & Interventions, Occupational, Physical and Speech Therapy, Audiology, Parenting Classes, Community Toddler Enrichment Program

### CHILDREN'S MEDICINE

Immunizations, Physicals, Sick Visits, Well Child Care

### COUNSELING/MENTAL HEALTH SERVICES

Services for Children, Adolescents and Adults, Individual & Group Sessions, Medication Management

### DENTAL CARE

Urgent Care, Examinations, Cleanings, Fillings, X-Rays, Dentures

### HIV SERVICES

Testing, Counseling, Primary Care, Case Management, Prevention, Mental Health

### PATIENT CARE SUPPORT SERVICES

Health Screenings, Individual & Group Sessions on Asthma, Cholesterol, Diabetes, High Blood Pressure, Nutrition, Weight Management, Lead Poisoning Prevention, Breastfeeding Education

### PHARMACY (LOGAN SITE ONLY)

### SPECIALTY CARE

Endocrinology, Otolaryngology (Ear, Nose, and Throat), Podiatry, Rheumatology (LIMITED SITES)

### VISION CARE (LOGAN SITE ONLY)

Optometry, Ophthalmology, Vision Exams, Glasses & Contact Lenses, Glaucoma & Cataract Screenings

### WOMEN'S MEDICINE

Pregnancy Tests, Family Planning, Prenatal & Postnatal Care, Lactation Services, Gynecology, Breast & Cervical Cancer Screening

*Your clinic will also provide care coordination to ensure all referrals and consults are integrated into your care plan.*

*Not all services are available at every site.  
Please call your clinic for specific services.*



FAMILY HEALTH CENTERS  
OF SAN DIEGO

## We are here to help!



**Family Health Centers of San Diego is dedicated to providing caring, affordable, high quality healthcare and supportive services to everyone, with a special commitment to uninsured, low income and medically underserved persons.**

**[WWW.FHCSD.ORG](http://WWW.FHCSD.ORG)**  
**[www.facebook.com/FHCSD](http://www.facebook.com/FHCSD)**



**FAMILY HEALTH CENTERS  
OF SAN DIEGO**



Accredited by The Joint Commission

## LOCATIONS

**BEACH AREA FAMILY HEALTH CENTER**  
3705 Mission Blvd., SD, CA 92109  
Tel: 619 515-2444 Fax: 858 488-1394  
Mon, Tues, Wed, Fri 8:30 AM - 5:30 PM  
Thursday 9:00 AM - 6:00 PM

**BEACH AREA WOMEN'S HEALTH CENTER**  
3690 Mission Blvd., SD, CA 92109  
Tel: 619 515-2444 Fax: 858 488-1714  
Mon, Tues, Wed 8:30 AM - 5:00 PM\*  
Thursday 9:00 AM - 6:00 PM\*

**BLACK INFANT HEALTH PROGRAM**  
12 N. Euclid Ave., Nat. City, CA 91950  
Tel: 619 266-7466 Fax: 619 262-9188  
Monday - Friday 8:30 AM - 5:00 PM

**CHASE AVENUE FAMILY HEALTH CENTER**  
1111 W. Chase Ave., El Cajon, CA 92020  
Tel: 619 515-2499 Fax: 619 593-9164  
Monday - Friday 8:30 AM - 5:30 PM\*  
Saturday 8:30 AM - 12:30 PM

**CHULA VISTA FAMILY HEALTH CENTER**  
251 Landis Ave., Chula Vista, CA 91910  
Tel: 619 515-2500 Fax: 619 934-9578  
Monday - Friday 8:30 AM - 5:30 PM\*

**CITY HEIGHTS FAMILY HEALTH CENTER**  
5379 El Cajon Blvd., SD, CA 92115  
Tel: 619 515-2400 Fax: 619 546-0739  
Monday - Friday 8:30 AM - 5:30 PM\*  
Saturday 8:30 AM - 12:30 PM

**DIAMOND NEIGHBORHOODS  
FAMILY HEALTH CENTER**  
220 Euclid Ave., Ste 40, SD, CA 92114  
Tel: 619 515-2560 Fax: 619 263-2499  
Monday - Friday 8:30 AM - 5:30 PM\*

**DOWNTOWN FAMILY HEALTH CENTER**  
1145 Broadway, SD, CA 92101  
Tel: 619 515-2525 Fax: 619 233-3067  
Monday - Friday 8:00 AM - 5:00 PM\*

## LOCATIONS

**GROSSMONT SPRING VALLEY  
FAMILY HEALTH CENTER**  
8788 Jamacha Rd., Spring Vly, CA 91977  
Tel: 619 515-2555 Fax: 619 462-5584  
Mon, Wed, Thu, Fri 8:30 AM - 5:30 PM  
Tuesday 8:30 AM - 7:00 PM

**EAST COUNTY FAMILY COUNSELING CENTER**  
Tel: 619 515-2385 Fax: 619 589-2812  
Mon, Wed, Thu, Fri 8:30 AM - 5:30 PM\*  
Tuesday 10:00 AM - 7:00 PM

**GROSSMONT SPRING VALLEY DENTAL CLINIC**  
Tel: 619 515-2330 Fax: 619 589-2812  
Monday - Friday 8:15 AM - 5:00 PM\*

**HEALTHY DEVELOPMENT SERVICES  
CENTRAL REGION**  
2114 National Ave., SD, CA 92113  
Tel: 619 515-2406 Fax: 619 544-6494  
Monday - Friday 8:30 AM - 5:00 PM  
Saturday 9:00 AM - 1:00 PM

**EAST REGION**  
1234 Broadway, El Cajon, CA 92021  
Tel: 619 515-2463 Fax: 619 444-0884  
Monday - Friday 8:30 AM - 5:00 PM  
1<sup>st</sup> & 3<sup>rd</sup> Sat. 9:00 AM - 1:00 PM  
of the month

**HIV SERVICES  
ALCOHOL & DRUG SERVICES**  
3928 Illinois St., SD, CA 92104  
Tel: 619 876-4462 Fax: 619 255-4174  
Please call for hours.

**CIACCIO MEMORIAL CLINIC**  
3544 30th St., SD, CA 92104  
Tel: 619 515-2587 Fax: 619 683-7588  
Monday - Thursday 8:30 AM - 5:30 PM\*  
Friday 9:00 AM - 5:00 PM

**HIV COORDINATED SERVICES CENTER**  
3514 30th St., SD, CA 92104  
Tel: 619 515-2446 Fax: 619 501-4984  
Monday - Friday 8:30 AM - 5:00 PM\*

## LOCATIONS

**HIV SERVICES CONTINUED..**

**HIV PREVENTION CENTER**  
4040 30th St., SD, CA 92104  
Tel: 619 515-2449 Fax: 619 692-0478  
Please call for hours.

**KIDCARE EXPRESS MOBILE MEDICAL UNITS**  
Tel: 619 515-2312  
*Please call for clinic hours and daily unit locations.*

**LEMON GROVE FAMILY HEALTH CENTER**  
7592 Broadway, Lemon Grove, CA 91945  
Tel: 619 515-2550 Fax: 619 337-0525  
Monday - Friday 8:30 AM - 5:30 PM\*

**LOGAN HEIGHTS FAMILY HEALTH CENTER**  
1809 National Ave., SD., CA 92113  
Tel: 619 515-2300 Fax: 619 234-2447  
Monday 8:00 AM - 7:00 PM  
Tues - Thu 8:00 AM - 6:00 PM  
Friday 8:00 AM - 5:30 PM  
Saturday 8:15 AM - 5:00 PM

**LOGAN HEIGHTS DENTAL CLINIC**  
Tel: 619 515-2394 Fax: 619 515-2552  
Monday - Saturday 8:15 AM - 5:00 PM\*

**LOGAN HEIGHTS PEDIATRIC DEVELOPMENTAL SERVICES**  
Tel: 619 515-2515 Fax: 619 696-0412  
Monday - Friday 8:30 AM - 5:00 PM

**PATIENT CARE SUPPORT SERVICES  
ADOBE BUILDING**  
Tel: 619 515-2526 Fax: 619 234-8884  
Monday - Friday 8:30 AM - 4:30 PM  
Saturday 8:00 AM - 4:30 PM

**LOGAN HEIGHTS FAMILY COUNSELING CENTER**  
2204 National Ave., SD, CA 92113  
Tel: 619 515-2355 Fax: 619 232-7011  
Monday 8:00 AM - 5:00 PM  
Tues, Wed 8:00 AM - 8:00 PM  
Thu, Fri 8:00 AM - 5:00 PM

## LOCATIONS

**NORTH PARK FAMILY HEALTH CENTER**  
3544 30th St., SD, CA 92104  
Tel: 619 515-2424 Fax: 619 683-7570  
Mon, Wed, Thu 8:30 AM - 5:30 PM  
Tuesday 8:30 AM - 6:00 PM  
Friday 8:30 AM - 5:00 PM  
Saturday 8:30 AM - 12:30 PM

**NORTH PARK (HILLCREST) DENTAL CLINIC**  
Tel: 619 515-2434 Fax: 619 683-7590  
Monday - Friday 8:15 AM - 5:00 PM

**NORTH PARK PEDIATRIC CLINIC/DEVT. CENTER**  
3514 30th St., SD, CA 92104  
Tel: 619 515-2424 Fax: 619 683-7586  
Monday - Thursday 8:30 AM - 5:30 PM  
Friday 8:30 AM - 5:00 PM

**POST PARTUM SUPPORT SERVICES**  
1845 Logan Ave., SD, CA 92113  
Tel: 619 906-4621 Fax: 619 501-9073  
Monday - Friday 8:00 AM - 4:30 PM\*

**SHERMAN HEIGHTS FAMILY HEALTH CENTER**  
2391 Island Ave., SD, CA 92102  
Tel: 619 515-2435 Fax: 619 233-2621  
Monday - Friday 8:15 AM - 5:00 PM\*

**TEEN HEALTH CENTER**  
1643 Logan Ave., SD, CA 92113  
Tel: 619 515-2333 Fax: 619 239-1015  
Monday - Friday 1:30 PM - 5:30 PM

\* Indicates locations that close daily for lunch.

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