Donate to FHCSD’s 2016 Capital Campaigns

**Fund One Year of Training for a Resident:**
Our Family Medicine Residency Training Program ensures the next generation of professionally trained, culturally competent physicians is available to handle the growing demand for health care services in our communities. Donations of any size help contribute to our goal of raising $150,000, which will fund the equivalent of one year of training for one resident. Learn more by visiting www.fhcsd.org/fund-a-resident.

Keep Our Mobile Medical Units Moving:
Since 1998, our Mobile Medical Units (MMUs) have provided health care to individuals at locations across San Diego County. Our three units serve over 3,000 men, women and children annually. Individuals or corporations can help sponsor these units by placing their name or logo on them. Learn more by visiting www.fhcsd.org/mmu-donations.

Contribute to Our Baby Boutique:
Our Baby Boutique lets new and expecting moms receive necessary baby supplies if they complete wellness checkups and educational classes. The easiest way to help us keep our Baby Boutique stocked is to make a financial contribution. In-kind donations are also accepted. Learn more by visiting www.fhcsd.org/baby-boutique.

Donate Your Used Vehicle
Do you have an old car, motorcycle, RV or boat that is taking up valuable space? Donate it to FHCSD! The value of your used vehicle will help us continue to provide exceptional health care to communities across San Diego. We provide a hassle-free pickup and are able to get the most value from your donated vehicle. Plus, your donation is completely tax-deductible! Visit www.cardonatingiseasy.org/donate?CharityID=321 or call (888) 877-4342 to learn more and get started today.

Double Your Impact!
Every dollar you give to FHCSD may be matched by your employer! Check with your human resources department to see if your employer has a qualified matching donation program.

Mobile Medical Units Receive Makeover
Thanks to the generosity of our donors and the San Diego community, the exterior look of Family Health Centers of San Diego’s (FHCSD) three Mobile Medical Units (MMUs) were refreshed with a modern, new design. Using full-cover vinyl wraps, the new units sport hues of blue, white and purple, and our updated logo and font style. Ample space is provided for donors’ individual names or corporate logos. The units also feature images that reflect the mission of the organization. Since 1998, these state-licensed, primary health clinics “on wheels” have provided low-income individuals and families, who lack transportation, access to affordable health care. MMUs travel thousands of miles every year to provide services, such as immunizations, diabetes check-ups, blood pressure checks and women’s care. They have a regular schedule and drive to locations throughout San Diego County, including public parks, elementary schools, local shopping centers, public libraries, substance abuse rehabilitation facilities, homeless shelters and social service agencies. In the past year alone, the three MMUs have served a total of 3,443 children, women and men through 4,628 individual health care encounters.

There are two ways to contribute to the MMU program:
Through the Individual Naming Program, donors can place their name, or family name, on the rear window of one of the medical units. In addition, for a limited time, the first 60 pledges will be matched dollar for dollar thanks to the generosity of long-time FHCSD donor Thomas A. Page, former Chairman and CEO of San Diego Gas & Electric (SDG&E).

The Corporate Sponsor Program is another way to raise funds for the MMU program. A pledge places your name or corporate logo prominently on the driver’s side exterior of one of the MMUs for up to three years. This opportunity is limited! All funds from this program will support ongoing maintenance, operation and medical equipment for each vehicle.

Keep an eye on your mailbox for more information about how you can support the Mobile Medical Units! You can also learn more about the MMU donation program by visiting www.fhcsd.org/mmu-donations or by contacting Chris Larkin, Director of Development, at (619) 515-2313 or christopherl@fhcsd.org.
At Family Health Centers of San Diego (FHCSD), a critical new beginning for a young man with a lifetime of promise crossed when a Colonel in the Judge Advocate General’s Corps (JAG) shared the story of “Jack,” her valued Afghani interpreter for many years, with FHCSD. After the Colonel left Afghanistan, Jack’s distinguished service continued with assignments to a SEAL Team and the Army Rangers.

Jack was a young man when the U.S. began pulling out of Afghanistan. Even though he received a commitment we would not leave him behind, we did. When asked why the Colonel worked so hard with NOLB to eventually succeed in bringing Jack to our country, the reply was a simple one. “He saved my life.”

Jack needed a job and this military officer offered his help. He was interviewed and impressed all of us at FHCSD. When asked what he could offer to our organization, he replied he was here to do “whatever this country needed.” Clearly, Jack will make the most of his opportunity for a new beginning in a country that respects his freedom.

The U.S. is still viewed by many in the world as the land of opportunity, Jack feels strongly that his place is here. He had to leave mother, father, cousins and sister to take his place in the multicultural fabric of the United States. His family had to disavow him to insure his safety. Two weeks after the Colonel got him out of Afghanistan, the village was overrun. Jack was their target.

Jack is proud to be in America and proud to work for Family Health Centers of San Diego. His positive attitude and eagerness to learn all he can exemplifies the best attributes of immigrants to our Country. We thank him for his service, and for keeping our troops safe. We are pleased to give back to someone who has given so much to us. At Family Health Centers of San Diego, honoring commitments is a core value we are proud to fulfill.

Panelists included (L-R): Kevin Barnett, DrPH, MCP, Senior Investigator at the Public Health Institute; Dr. Megan Hamreus, Chief of Family Medicine at Scripps Mercy Hospital; Dr. Chris Gordon, Director of the Family Medicine Residency Training Program at FHCSD, and Najwan Al Ani, MD, FHCSD resident physician.

An engaging discussion about the future national doctor shortage and importance of Teaching Health Centers, like the Family Health Centers of San Diego’s (FHCSD) Family Medicine Residency Training Program, kicked off the 30th anniversary of the Spirit of the Barrio on Friday, March 18 at Logan Heights Family Health Center.

10News Anchor Ariel Wesler emceed the tamale luncheon, which featured a panel of health care experts discussing the imminent doctor shortage. Panelists included Kevin Barnett, DrPH, MCP, Senior Investigator at the Public Health Institute; Dr. Megan Hamreus, Chief of Family Medicine at Scripps Mercy Hospital; and Dr. Chris Gordon, Director of the Family Medicine Residency Training Program at FHCSD.

Dr. Barnett, who recently published a study for the California Primary Care Association examining the challenges and opportunities of building a primary care workforce in California, described the combination of retiring baby boomers and the financial benefits of specialty medicine and care as significant factors that will impact patients and hospitals across the country, particularly those in medically underserved regions. “The solutions are there,” he said. “But we have to build a broad enough coalition to promote them.”

Dr. Hamreus stressed the need for Teaching Health Center Graduate Medical Education programs because they create a diverse primary care workforce that is representative of the communities in which they serve. These programs also provide a pipeline of healthcare providers that will not exist.

Dr. Najwan Al Ani, a physician in FHCSD’s residency program, described the challenges doctors and patients in the U.S. face compared to those in her native country of Iraq, where she provided care to victims living in war-torn areas. The difficulties Iraqi immigrants face navigating the labyrinth of the U.S. health care system moved her to become a resident-in-training at FHCSD rather than one in a more traditional medical setting.

Dr. Gordon closed out the discussion by stressing the need for continued funding for Teaching Health Centers, like FHCSD’s Family Medicine Residency Training Program. This program is entering its third year of operation. Teaching Health Center programs, established under the Affordable Care Act, provide a pipeline of culturally competent doctors-in-training to low-income, marginalized communities in rural and urban areas that otherwise may not have access to health care services. These centers train physicians not only in primary care medicine, but also in mental health management.

Donations collected during this first Spirit of the Barrio of 2016 supported FHCSD’s Family Medicine Residency Training Program helping to ensure culturally competent and experienced providers reach communities that need care most by contributing to our “Fund A Resident” program. To learn more or make a donation, please visit www.fhcsd.org/fund-a-resident.

Mark Your Calendars:
Next Spirit of the Barrio is May 20, 2016

The upcoming Spirit of the Barrio luncheon will focus on Aztec Pride! Special guests include San Diego State University (SDSU) Athletic Director Jim Sterk and Head Football Coach Rocky Long. This Spirit of the Barrio is expected to sell-out so purchase individual tickets now at https://donation.fhcsd.org. For sponsorship inquiries, please contact Caroline Harrington at carolineh@fhcsd.org.

Thank you to all our Spirit of the Barrio Sponsors