Donate to FHCSD’s Giving Opportunities

**Fund One Year of Training for a Resident:**
Our Family Medicine Residency Training Program ensures the next generation of professionally trained, culturally competent physicians is available to handle the growing demand for health care services in our communities. Donations of any size help contribute to our goal of raising $150,000, which will fund the equivalent of one year of training for one resident. Learn more by visiting www.fhcsd.org/fund-a-resident.

**Keep Our Mobile Medical Units Moving:**
Since 1998, our Mobile Medical Units (MMUs) have provided health care to individuals at locations across San Diego County. Our three units serve over 1,400 men, women and children annually. Individuals or corporations can help sponsor these units by placing their name or logo on them. Learn more by visiting www.fhcsd.org/mma-donations.

**Contribute to Our Baby Boutique:**
Our Baby Boutique lets new and expecting moms receive necessary baby supplies if they complete wellness checkups and educational classes. The easiest way to help us keep our Baby Boutique stocked is to make a financial contribution. In-kind donations are also accepted. Learn more by visiting www.fhcsd.org/baby-boutique.

Donate Your Used Vehicle
Do you have an old car, motorcycle, RV or boat that is taking up valuable space? Donate it to FHCSD! The value of your used vehicle will help us continue to provide exceptional health care to communities across San Diego. We provide a hassle-free pickup and are able to get the most value from your donated vehicle. Plus, your donation is completely tax-deductible! Visit www.cardonatingiseasy.org/donate/CharityID=321 or call (888) 877-4342 to learn more and get started today.

Double Your Impact!
Every dollar you give to FHCSD may be matched by your employer! Check with your human resources department to see if your employer has a qualified matching donation program.

Congressman Vargas Tours FHCSD Medical Residency Program
On July 21st, U.S. Congressman Juan Vargas from California’s 51st District toured City Heights Family Health Center to learn more about the Family Health Centers of San Diego (FHCSD) Family Medicine Residency Program and tout the need for more primary care doctors, particularly in community health centers.

Dr. Thao Tran, Associate Program Director of the FHCSD Family Medicine Residency Training Program, as well as medical residents Dr. Jorge Mota and Dr. Wes Zahler and other FHCSD staff, toured our City Heights clinic with Congressman Vargas and showcased the wide range of medical care our residents provide.

“I was very impressed by not only the hard work and dedication of the medical residents of the FHCSD training program, but also the compassionate care they provide to the patients they serve, including veterans, minority groups and children living in poverty,” said Congressman Vargas. “Teaching Health Centers like the FHCSD Medicine Residency Program are on the leading edge of educational programming and have become a vital component of our health care system. With the country in the midst of a primary care doctor shortage, these programs are one solution to solving that problem and ensuring communities have access to quality health care.”

“We were incredibly honored that Congressman Vargas took time out of his busy schedule to tour City Heights Family Health Center and see first-hand the profound impact our accomplished medical residents are having on our patients and the diverse communities we serve,” said Dr. Chris Gordon, Program Director for the Family Medicine Residency Training Program.

The FHCSD Family Medicine Residency Program is one of 59 Teaching Health Center Graduate Medical Education (THCGME) programs across the country established under the Affordable Care Act in 2010 and supported through the Health Resources and Services Administration. The programs, located in 27 states and the District of Columbia, are designed to provide a pipeline of culturally competent providers, including mental health professionals, into a variety of community health care settings in urban, rural and tribal communities. 75% of Teaching Health Centers are Federally Qualified Health Centers serving underserved communities.

Congress extended the THCGME program through 2017, though at significantly reduced funding levels. A recent study published in the New England Journal of Medicine showed that programs need approximately $157,000 annually to train each resident, though federal funding is currently set at roughly $95,000. Federal funding is set to expire next year if Congress doesn’t vote to renew subsidies. Each dollar invested is used exclusively for residency training, making the THCGME program both financially responsible and economically sound.

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CEO’S CORNER: an update from Fran

Immunizations & Health Services

Thirty years ago, I brought my young son to a medical care visit. He was not immunized. This amazing pediatrician, with no judgment or blame in her eyes, gently suggested I was perhaps too well-read on the topic of immunizations, and instead, suggested we go through my questions one by one. I trusted and appreciated her knowledge, and her understanding of my concerns. At the end of the visit, when my son was fully immunized, she simply said that sometimes parenting is about making the "best" choice, not the right choices. In all my years of working in medical administration, her simple advice has guided me in my work again, and again.

In the debate of pros and cons, one can always find an argument for not getting immunized. There is no "right" answer in the matter of fact, they recently celebrated their first year of involvement with their local community clinic or doctor. It is the "best" way to protect yourself, your children and your community.

For almost a half-century, Family Health Centers of San Diego has provided affordable, high-quality health care to community residents, including the giving of information on immunizations, and helping parents make the "best" choices when parenting our smallest and most vulnerable residents! It is not only a privilege to work to make our communities healthier, it is a privilege to celebrate those fine staff that live our mission each and every day.

Donor Spotlight: M.W. Steele Builds the “Spirit” of Giving

M.W. Steele Group has been given a community in that they are proud to be a part of this wonderful tradition. As a matter of fact, they recently celebrated their first year of partnership with Family Health Centers of San Diego’s (FHCSD) “Spirit of the Barrio” celebrations by honoring us with a renewal of their sponsorship for another year. Thank you, M.W. Steele Group!

For over 30 years, M.W. Steele Group has been guided by the vision that the buildings and cities they design make more of an impact on communities than simply serving as places to reside and work. “More than any building or planning project, M.W. Steele Group has completed, community is the most powerful concept they have cultivated,” said Chris Larkin, FHCSD Director of Development. “Their generous support of our community event is another way for them to extend their reach in the neighborhoods they serve and help those who are right in their own backyard.”

M.W. Steele Group’s sponsorship provides much-needed assistance to many FHCSD programs and services, including adult and pediatric health care programs for homeless and low-income families in the Barrio Logan neighborhood. Through the friendship we’ve developed, we can help one another make a greater impact in the community. FHCSD is honored to receive this support and grateful to call M.W. Steele Group our friend. If your company is interested in becoming a Spirit of the Barrio sponsor, please contact Chris Larkin, FHCSD Director of Development, at christopher@fhcsd.org or (619) 515-2315.

The Chargers Showcase East Village Stadium Plans

The Logan Heights Family Health Center outdoor luncheon was full on Friday, July 15th, as Family Health Centers of San Diego (FHCSD) welcomed the San Diego Chargers’ leadership to Barrio Logan for a conversation about the Stadium Project Initiative. The Chargers took the stage for an informative lunch hour and displayed the latest renderings of the proposed East Village stadium and convention center.

“I can tell you we share your concerns about this stadium,” said Fred Spanos to those who oppose the stadium. “We’re here to work with you. We want you to be an integral part of this process. We hope to be part of this community.”

As expected, the conversation eventually turned to stadium financing. Mass shared that there are a number of hotel projects underway that will add to tax revenue to pay for the stadium.

In addition to the enlightening panel discussion, the San Diego Chargers continued to impact the day by generously donating some fabulous raffle prizes, including opening home game tickets, a signed Philip Rivers football and a signed Keenan Allen jersey. But not stopping there, brothers John and A.G. Spanos added to their support of FHCSD by donating an unrestricted gift of $5,000 in support of our breast cancer detection and care coordination work.

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For more information about Spirit of the Barrio, please visit www.fhcsd.org/spirit-of-the-barrio. For sponsorship inquiries, please contact Director of Development Chris Larkin at christopher@fhcsd.org.

M.W. Steele Group

For more information, please contact

Chris Larkin, Director of Development

www.fhcsd.org/spirit-of-the-barrio

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