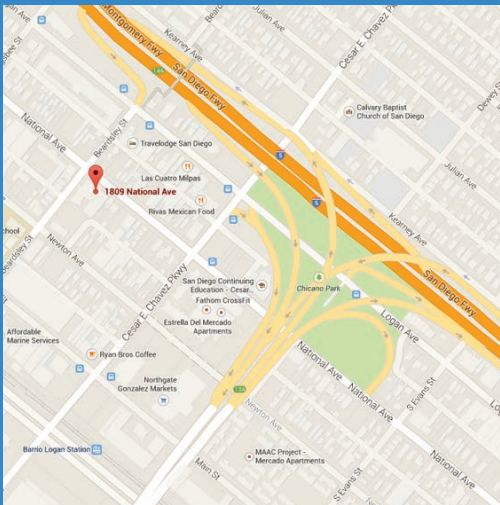


Pediatric Developmental Services

For more information,
please contact:



Flavia Gastelum or
Rebeca Grinstein
(619) 876-4494

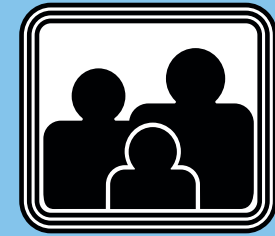


“La Escuelita” is located at 1861 Newton Ave.

If coming from the North: Take I-5 South. Take exit 14B (Cesar Chavez Parkway). At the stop, continue straight on Beardsley. Turn Left on Newton Avenue.

If coming from the South: Take I-5 North. Exit Cesar Chavez Parkway turn left at the light. Continue straight. Turn Right on Newton Avenue.

Family Health Centers of San Diego
Pediatric Developmental Services
1809 National Avenue
San Diego CA 92113



FAMILY HEALTH CENTERS
OF SAN DIEGO

Pediatric Developmental Services Early Intervention



Family Health Centers of San Diego
Logan Heights
1809 National Avenue
San Diego CA 92113
(619) 515-2515



Family Health Centers of San Diego Early Intervention and Developmental Services

Family Health Centers of San Diego is a vendor for the following services through the San Diego Regional Center:

Community Toddler Enrichment Program “La Escuelita”

Our Community Toddler Enrichment Program located in Barrio Logan at 1861 Newton Avenue offers a variety of services to children with special needs and their families within a natural environment.

The program provides:

- Services for any child 22-36 months of age
- Play-based/language-based developmental intervention program that targets IFSP goals
- Consultation services by specialists.
- Home visitation
- Parent education
- Evaluation and additional services for the family as needed

Services of “La Escuelita” are provided primarily in Spanish, by bilingual and bicultural personnel, and delivered in a culturally sensitive environment.



Home Visitation

Home visits provide one-on-one interactive opportunities for addressing developmental goals and parental concerns in the family’s natural environment.

Child-development staff will:

- Assist the family in assessing the home environment and provide developmental guidelines
- Facilitate parent’s ability to practice carryover of skills through modeling
- Provide consultation by a PT, OT and SLP, as needed, to enhance development
- For children with primary concerns in specific areas, the primary service provider may be a PT, OT, SLP, etc.

Parent Education

Parents will have the opportunity to participate in various activities including parenting classes while children are attending group sessions.

- Facilitated by a trained Early Childhood professional, classes are available for general parenting or for behavior-related issues.
- Topics focus on parenting issues related to toddler development.
- Once a week, parents are invited in the classroom to observe and practice stimulation techniques to further enhance their children’s development.

Additional Developmental Services

Children needing specific speech and language, OT and/or PT services may also be eligible depending on severity of delay and access to other funding sources, such as the child’s insurance.

Children needing these services may also be served by FHCS, through our Pediatric Developmental Services department, depending on the family’s primary insurance.

FHCS is also able to offer the following services, often through the family’s insurance plan:

- Speech and language therapy
- Occupational therapy
- Physical therapy
- ENT
- Counseling and emotional support
- Health education and nutritional services

