

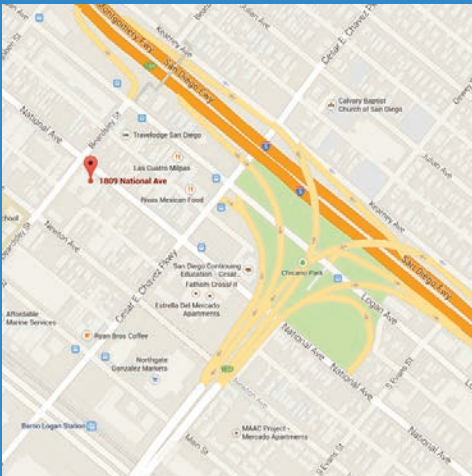
# Pediatric Developmental Services

For more information,  
please call:

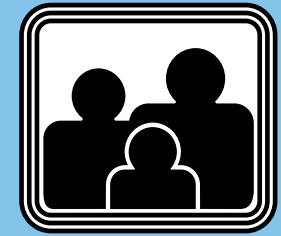


Family Health Centers of San Diego  
Pediatric Developmental Services  
**(619) 515-2515**

*Bilingual Services Available (English & Spanish)*



Family Health Centers of San Diego  
Pediatric Developmental Services  
1809 National Avenue  
San Diego CA 92113



**FAMILY HEALTH CENTERS  
OF SAN DIEGO**

## Pediatric Developmental Services Speech and Language Therapy



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Logan Heights  
1809 National Avenue  
San Diego CA 92113  
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# Family Health Centers of San Diego Speech and Language Services

The **Speech and Language Clinic** at Family Health Centers of San Diego provides various services to both children and adults who exhibit possible speech and language communication deficits.

Bilingual (licensed and certified) speech language pathologists offer services for:

- Articulation and phonology
- Language (related to various etiologies, e.g., CVA, developmental delay, etc.)
- Voice
- Fluency (stuttering)
- Hearing loss
- Learning disability
- Organic problems (e.g., cleft palate)
- Autism
- Communication delay/disorders related to cerebral palsy, aphasia, intellectual disability, Down syndrome and other conditions.



## Services Offered:

- Speech/language evaluation for children (infants through 18 years of age) and adults
- Speech/language therapy for both children and adults
- Speech/language services are offered primarily at the Logan Heights location; however, services may also be available at additional locations, including (but not limited to): North Park, City Heights, Chula Vista and El Cajon.

In addition, clinic staff can help families with information, suggestions and guidelines related to:

- Normal speech/language development
- Speech/language stimulation techniques to use in other settings (e.g., home, school and work)
- Referrals when necessary

The speech/language clinic staff work as part of a multidisciplinary team that includes: Pediatric, physical and occupational therapy, audiology and child development specialists.



The first five years of age are critical for language development.

## Common Developmental Milestones

- |                 |  |
|-----------------|--|
| <b>6 months</b> | <ul style="list-style-type: none"><li>• Babbling with production of the same syllable (e.g., “bababa”)</li></ul>   |
| <b>1 year</b>   | <ul style="list-style-type: none"><li>• Understanding simple commands</li><li>• Production of first word</li></ul>   |
| <b>1½ years</b> | <ul style="list-style-type: none"><li>• Expressive vocabulary of 20-50 words</li><li>• Recognition of familiar objects, persons, pets and one to two body parts</li></ul>  |
| <b>2 years</b>  | <ul style="list-style-type: none"><li>• Understanding simple directions (e.g., “Pick up your shoes.”) and sometimes two related commands (e.g., “Go get the book; put it on the table.”)</li><li>• Listening to simple stories</li><li>• Emergence of 2-3 word sentences</li></ul> |
| <b>3 years</b>  | <ul style="list-style-type: none"><li>• Increased understanding of verbs, pronouns, prepositions and adjectives (e.g., “go”: “me”: “in”: “big”)</li><li>• Execution of 2-step commands</li><li>• Use of complete sentences</li></ul>   |
| <b>4 years</b>  | <ul style="list-style-type: none"><li>• Understanding of 2-3 directions</li><li>• Telling a long story or experience accurately</li><li>• Production of 4-6 word sentences</li></ul>   |
| <b>5 years</b>  | <ul style="list-style-type: none"><li>• Understanding of complex sentences containing such forms as: “if,” “because,” “when” and “why.”</li><li>• Production of longer and more complex sentences</li></ul>  |